

UIndy Winter Break Open
University of Indianapolis
12/11/15

Congrats to our girls who competed last night at UIndy. We had a great night overall, breaking several school records and coming close to breaking a couple more.

Here is a link to the overall results:

https://www.directathletics.com/dispatcher.cgi?session_id=3763992DAJ55602&script_name=dispatcher.cgi&new_sport=track&action=meet&meet_hnd=41693&module=results

Here are some highlites (and there were many!):

1. School records:
 - Emily Wiegel set an indoor school record in the 400
 - Emily also set a Junior class indoor school record in the 200
 - Keegan Gray set an indoor school record in the 60m hurdles
 - Sydney Larkin established a new indoor school record in the 5k
 - Katie Dumoulin set an indoor school record in the 600
 - Allie Thomas set the Junior class indoor record in the 600
2. Almost school records:
 - Rachel Lancaster just missed the Senior class indoor school record in the shot put
 - Molly O'Dea just missed the overall indoor school record in the triple jump
 - Bridget Coleman and Kara Bruns just missed the Sophomore class indoor school record in the high jump
3. Personal bests:
 - Amelia Blake ran a PR in the 60 and 200m dashes
 - Keegan Gray ran an indoor PR in the 200
 - Molly O'Dea ran an overall PR in the 200
 - Sarah Whalen and Madison Malloy ran overall PRs in the mile
4. Great performances, but not PRs
 - Rachel O'Bryan had a tough race, but still came within a few seconds of her PR
 - McKenzie Browning ran a very strong race in the 800, fighting hard from about 500 or so meters to the finish
 - Sophie Beavin ran one of her best mile races, leading and still pressing hard at key points of her race

This was a great way to close out our Fall season. We're proud of everyone who made the trip and competed!